

## ADOLESCENT (High School) EVALUATION

Name:	DOB:
Date:	Age:
School:	Grade:
Handedness: L R Mixed	

**GOALS:** *Please list three goals for neurofeedback training*

- 1.
- 2.
- 3.

### HEALTH HISTORY:

#### Sleep

- Difficulty falling asleep or staying asleep
- Difficulty waking
- Restless sleep
- Sleepwalking or night terrors
- Bruxism
- Nightmares
- Other sleep problems

#### Allergies

#### Asthma

#### Frequent illness

#### Fatigue

#### Chronic pain

#### Hearing problems

#### Ringing in ears

Vision problems

Heart problems

Skin problems

## **GASTROINTESTINAL / ENDOCRINE:**

Thyroid

Heat or cold sensitivity

Diabetes

Sugar sensitivity

Eating habits

Appetite awareness

Stomach pain

Intestinal pain

Chronic constipation

Nausea or vomiting

PMS

## **NEUROLOGICAL:**

Headaches

Fainting

Seizures

Coordination

Tremor or spasticity

Physically over-active or under-active

Accident-prone

Motor or vocal tics

## **HABITS:**

Coffee use

Alcohol use

Cigarette use

Diet

Other drug use

## **BEHAVIOR / EMOTIONS:**

Mood swings

Anxiety

Depression

Fears or phobias

Panic attacks

Irritability

Anger

Tantrums or violent behavior

Manic-depression

Obsessive-compulsive symptoms

Eating disorders

Addictions

Risk-taking behavior

## **ATTENTION AND ORGANIZATION:**

Attention span

Distractibility

Impulsivity

Organizational ability

## **SCHOOL BEHAVIOR AND PERFORMANCE:**

Favorite school subjects (strengths)

Least favorite subjects (weaknesses)

Verbal expression

Reading

Math

Writing

Art

Spatial skills

Memory

Teacher complaints

Problems with homework

## **HOME BEHAVIOR:**

Problems with parents

Problems with siblings

# PERSONAL HISTORY

## PERINATAL:

Adopted at age \_\_\_\_\_

Prenatal stress or injury

Prenatal drug exposure

Difficult labor

Difficult birth

Premature or late birth

Medical problems after birth

## GROWTH AND DEVELOPMENT:

Colic

Sleep problems

Eating problems

Activity level

Attachment

Emotional development

Motor development

Language development

Chronic ear infections

Allergies

Asthma

## PHYSICAL TRAUMAS:

Head injury

Accidents

High fever

Serious illness

CNS infection

Drug overdose

Poisoning

Anoxia

Stroke

**PSYCHOLOGICAL TRAUMAS AND STRESSES:**

- Abuse or neglect
- Family stress
- School or job stress
- Death in family
- Illness

**TREATMENT HISTORY**

**MEDICATIONS:**

Medication	For Condition	Dose	Dates	Reaction/ Side Effects

**MEDICAL TREATMENT:**

Procedure	For Condition	Description	Dates

**PSYCHOLOGICAL THERAPY:**

Therapy	For Condition	Therapist	Dates

**OTHER THERAPY:**

Therapy	For Condition	Therapist	Dates

## FAMILY HISTORY

Symptom	Yes	No	Relationship
Asthma			
Autoimmune Disorders: Type 1 Diabetes, Rheumatoid Arthritis Lupus, MS, Scleroderma, etc.			
Thyroid disorder			
Migraine			
Sleep Problems			
Depression			
Manic-depression			
Anxiety			
Phobias			
Panic Attacks			
Motor or Vocal Tics			
Seizures			
Eating Disorders or Obesity			
Addictions			
Obsessive Compulsive Symptoms			
Speech Problems			
Attention Problems			
Hyperactivity			
Learning Problems			
Conduct Problems or Criminal Behavior			
Autism spectrum			
Schizophrenia			